

# Medical Certificate



(To be completed by your doctor)

If a Comprehensive Medical Assessment (CAM) has been completed, please attach a copy.

Patient's Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Current Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Phone: \_\_\_\_\_

Medicare Number: \_\_\_\_\_ Health Care Fund: \_\_\_\_\_

## Current Diagnosis:

Please include both **Medical** and **Psychiatric diagnosis**.

(Please attach Specialist details including contact details and reports if available)

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## Past illnesses / diagnoses:

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**Dementia Diagnoses:**  Yes  No

Type of dementia: \_\_\_\_\_

Date of diagnosis (Please attach relevant reports if available): \_\_\_\_/\_\_\_\_/\_\_\_\_

## Current Mental State:

Fully Alert and Orientated:  Yes  No

If ticked NO:  Occasionally confused  Permanently confused  Likely to wander

Past operations / surgical procedures:

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Smoker:  Yes  No Current cigarettes / day: \_\_\_\_\_

Alcoholic drinks / week: \_\_\_\_\_

### Vaccination history:

COVID (include dose i.e. Booster 2): \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Booster: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Flu vaccination: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Tetanus: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Pneumovax: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Allergies:

(e.g., drugs, food, other) (Please specify if mild, moderate or severe)

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### Current medications:

(Please include all oral, topical, trans-dermal, injected, complementary medication and include strength and frequency)

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### General physical:

Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Pulse: \_\_\_\_\_ BP: \_\_\_\_\_

### Dietary Requirements:

(Please specify any special dietary requirements including texture modification)

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### Skin:

Condition of skin:  Good  Poor

Description of skin conditions / rashes:

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Wounds/bruises:  Yes  No

Current treatment: \_\_\_\_\_

### Sleep:

Rest & Sleep patters:  Uninterrupted  Interrupted (please give details)

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Sleeping medication (occasional or regular): \_\_\_\_\_

Average hours sleep/night: \_\_\_\_\_

### Pain:

Painful areas of movements: (please describe)

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Current pain management strategies:

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### Continence:

Bladder:  Yes  No      Bowel:  Yes  No

Continence aids used (please describe):

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Mobility (please describe, include aids used):

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Prosthetics (dentures, hearing aids, glasses):

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### Doctors Details:

Name of Doctor (please print): \_\_\_\_\_

Signature of Doctor: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_